

Learn to dance Lindy Hop!

Spring, 2026

Progressive Lesson Series:

Intro Variation 1 - Jan 11 - Feb 1 (4 weeks)

Intro Variation 2 - Feb 8 - Mar 8 (4 weeks)

- No class Feb 22

Beginner Variation 1 - Apr 12 - May 3 (4 weeks)

Beginner Variation 2 - May 10 - May 31 (4 weeks)



Register Here
←



Instructors: Kevin & Beth
kbretting@gmail.com

Times:

Sundays, 3:15-4:30pm

Location:

Studio B Dance Center
1730 E Custer St
Laramie, WY 82070
Upstairs Studio

Tuition:

\$30/person/series or
\$50/pair/series*

*This is the “bring a friend discount.” They don’t have to be your dance partner.

What is Lindy Hop?

Lindy Hop is a historical jazz swing dance from the 1930's-1940's. Lindy Hop involves 6-count and 8-count footwork patterns as its foundation. It has a syncopated rhythm structure that comes from jazz swing music (think of singing “Jingle Bells” vs “Jingle Bell Rock.” The second song “swings”). It is being offered in a progressive series of classes.

Prior registration for each series is strongly encouraged and participants must be able to attend the first lesson of each series as the content will build upon that introductory content.

Attending with a partner is not required. The practice of rotating partners will be implemented to give everyone the chance to practice the skills of leading and following.